

Tuesday, September 1st

- Turkey Linguine
- Broccoli
- Chopped Salad
- Fruit

Wednesday, September 2nd

- Tandoori Chicken
- Peas & Corn
- Spinach Salad
- Wild Rice Pilaf

Thursday, September 3rd

- Beef Fajitas
- Pinto Beans
- Spring Salad
- Whole Grain Tortilla

Friday, September 4th

LABOR DAY MENU

- Cheeseburger
- Broccoli Salad
- Tossed Green Salad
- Macaroni Salad

Monday, September 7th

CLOSED FOR LABOR DAY

Tuesday, September 8th

- Meatloaf
- Rosemary Mashed Potatoes
- Green Beans w/ Herbs
- Whole Grain Roll

Wednesday, September 9th

- Baked Fish w/ Jambalaya
- Carrots
- Broccoli Slaw
- Brown Rice Pilaf

Thursday, September 10th

- BBQ Chicken
- Roasted Brussel Sprouts
- Chopped Salad
- Apple

Friday, September 11th

- Chickpea Curry Masala
- Sweet Potato
- Spinach Salad
- Couscous

Monday, September 14th

- Beef Bolognese
- Herbed Zucchini & Squash
- Penne Pasta
- Orange

Tuesday, September 15th

- Baked Salmon w/ Thai Chili
- Sauce
- Roasted Carrots
- Cauliflower/ Herbs
- Fruit Cup

Wednesday, September 16th

MEXICAN INDEPENDENCE MENU

- Beef Enchilada
- Pinto Beans
- Shredded Cabbage
- Spanish Brown Rice

Thursday, September 17th

- Korean BBQ Beef
- Steamed Broccoli
- Cucumber Salad
- Vegetable Soup

Friday, September 18th

- Stuffed Bell Pepper
- Green Peas w/ Onions
- Romaine Salad
- Barley

Monday, September 21st

CLOSED FOR YOM KIPPUR

Tuesday, September 22nd

- Curried Lentils
- Squash Soup
- Broccoli
- Quinoa

Wednesday, September 23rd

- Beef Stroganoff
- Parslied Carrots
- Mesclun Salad
- Whole Grain Noodles

Thursday, September 24th

- Chopped Herb Chicken
- Mixed Salad Greens
- Vegetable Soup
- Whole Grain Roll

Friday, September 25th

- Herb Crusted Tilapia
- Tomato Soup
- Seasoned Green Beans
- Spinach Salad

Monday, September 28th

- Turkey Burger
- Corn Chowder
- Baked Beans
- Carrots

Tuesday, September 29th

- Savory Beef Stew
- Green Peas & onions
- Mashed Potatoes
- Fruit Cup

Wednesday, September 30th

- Chicken Mole
- Squash medley
- Spring Salad
- Spanish Brown Rice

▪ Menu subject to change
▪ \$3 suggested donation

