

Monday, June 1

- Hungarian Goulash
- Corn
- Carrots
- Kasha

Tuesday, June 2

- Chicken Salad
- 3- Bean Soup
- High-C Green Salad
- Carrot Raisin Salad

Wednesday, June 3

- Curried Fish w/ Mango Sauce
- Green Beans w/ mushrooms
- Spinach Salad
- Lentil Soup

Thursday, June 4

- Beef Hamburger
- Kale Slaw
- Sweet Potato
- Whole Grain Bun

Friday, June 5

- BBQ Chicken
- Coleslaw
- Potato Kugel
- Chicken Rice Soup
- Whole Grain Bun

Monday, June 8

- Garlic Fish
- Collard Greens
- Roasted Cauliflower
- Brown Rice Pilaf

Tuesday, June 9

- Turkey Chili
- Baked Potato
- Seasoned Carrots
- Cantaloupe

Wednesday, June 10

- Steak Fajitas
- Peppers & Onions
- Mushroom Soup
- Brown Rice

Thursday, June 11

- Turkey Chunk Salad
- Chicken Soup
- Kale Slaw
- Cucumber Salad

Friday, June 12

- Orange Glazed Chicken
- Chicken Soup
- Noodle Kugel
- Coleslaw

Monday, June 15

- Teriyaki Chicken
- Seasoned Broccoli
- Corn
- Barley

Tuesday, June 16

- Swedish Meatballs
- Roasted Carrots & Beets
- Cucumber Salad
- Whole Grain Noodles

Wednesday, June 17

- Black Bean Patty
- Seasoned Cauliflower
- Green Beans
- Kasha

Thursday, June 18

- Tuna Salad
- 3- Bean Salad
- Squash Soup
- Mixed Green Salad

Friday, June 19

**CLOSED FOR
JUNETEENTH HOLIDAY**

Monday, June 22

- Salmon Patty
- Collard Greens
- Roasted Cauliflower
- Kasha

Tuesday, June 23

- Tofu Stir-Fry
- Ginger Broccoli
- Seasoned Green Beans
- Brown Rice

Wednesday, June 24

- Egg Salad Plate
- Israeli Salad
- Potato Salad
- Split Pea Soup

Thursday, June 25

- Beef Bourguignon
- Garlic Mashed Potatoes
- Yellow Squash & Peas
- Whole Grain Roll

Friday, June 26

- Lime Grilled Chicken
- Coleslaw
- Chicken Soup
- Noodle Kugel

Monday, June 29

- Meatballs w/ Marinara
- Broccoli
- Green Beans w/ Mushrooms
- Penne Pasta

Tuesday, June 30

- Chicken Adobo
- Carrots
- Kale Slaw
- Risi Bisi

- Menu subject to change
- \$3 suggested donation
- This Senior Nutrition program is funded in whole or in part by Los Angeles County Area Agency on Aging
- Rabbinical Council of California



(Kosher Certification)

