

### Monday, March 2

- Breaded Baked Fish
- Squash Soup
- Beet Mandarin Salad
- Whole Grain Bread

### Tuesday, March 3

- Meatloaf w/ Gravy
- Garlic Mashed Potatoes
- Brussels Sprouts
- Fruit Cup

### Wednesday, March 4

- Turkey Veggie Stir-Fry
- Cabbage Cucumber Salad
- Vegetable Soup
- Low Mein Noodles

### Thursday, March 5

- Caribbean Chicken
- Red Beans
- Mesclun Salad
- Kiwi

### Friday, March 6

- Tuna Salad
- Spinach Cranberry Salad
- Potato Salad
- Vegetable Soup

### Monday, March 9

- Chicken Adobo
- Green Peas
- Marinated Bell Pepper
- Spanish Brown Rice

### Tuesday, March 10

- Mushroom Quiche
- Italian Wedding Soup
- Broccoli
- Caesar Salad

### Wednesday, March 11

- Shepherd's Pie
- Carrots
- Mixed Green Salad
- Kiwi

### Thursday, March 12

- Arroz con Pollo
- Pinto Beans
- Shredded Cabbage Salad
- Apple

### Friday, March 13

- Baked Fish Almandine
- Mushroom Soup
- Green Beans w/ Herbs
- Spinach Mandarin Salad

### Monday, March 16

- Savory Beef Stew
- Herbed Brussels Sprouts
- Mashed Potatoes
- Fresh Fruit

### Tuesday, March 17

- Corned Beef
- Red Potatoes
- Steamed Cabbage
- Carrots

### Wednesday, March 18

- Baked Pollack
- Lentil Soup
- Yellow Squash
- Broccoli Salad

### Thursday, March 19

- BBQ Chicken
- Tri Color Coleslaw
- Macaroni w/ Cheese
- Whole Grain Roll

### Friday, March 20

- Vegetarian Frittata
- Green Beans
- Spinach Salad
- Orange

### Monday, March 23

- Vegetarian Chili
- Broccoli
- Mixed Salad Greens
- Fruit Cup

### Tuesday, March 24

- Hawaiian Chicken
- Mesclun Salad
- Fruit
- Brown Rice

### Wednesday, March 25

- Turkey Milanese
- Zucchini
- Chopped Spinach Kale Salad
- Banana

### Thursday, March 26

- Asian Beef Stir Fry
- Mixed Asian Vegetables
- Carrot Raisin Salad
- Kiwi

### Friday, March 27

- Salmon w/ Dill Sauce
- Split Pea Soup
- Green Beans
- Beet Salad

### Monday, March 30

- Chicken Mole
- Peas & Carrots
- Tomato Cucumber Salad
- Fresh Fruit

### Tuesday, March 31

- Spaghetti w/ Meat Sauce
- Mushroom Soup
- Green Beans
- Fruit

• Menu subject to change  
• \$3 suggested donation

