

Monday, March 2

- White Fish w/ Cilantro
- Butter Nut Squash
- Green Peas
- Kiwi

Tuesday, March 3

- BBQ Beef
- Split Pea Soup
- Corn
- Broccoli

Wednesday, March 4

- Tuscan Bean Stew
- Roasted Red Potatoes
- Cantaloupe
- Couscous Salad

Thursday, March 5

- Salmon Patty w/ Caper Sauce
- Seasoned Green Beans
- Spinach Salad w/ Mango Barley

Friday, March 6

PURIM MEAL

- Honey Glazed Chicken
- Roasted Potato
- Broccoli
- Fruit Cup

Monday, March 9

- Hungarian Goulash
- Corn
- Carrots
- Kasha

Tuesday, March 10

- Chicken Stroganoff
- Lentil Soup
- Seasoned Cabbage
- Spinach and Orange Salad

Wednesday, March 11

- Curried Fish w/ Mango
- Green Beans w/ Mushrooms
- Banana Squash
- Kiwi

Thursday, March 12

- Curried Fish w/ Mango
- Beef Hamburger
- Kale Slaw
- Sweet Potato

Friday, March 13

- BBQ Chicken
- Potato Kugel
- Coleslaw
- Chicken Rice Soup

Monday, March 16

- Lemon Pepper Baked Fish
- Mashed Potato
- Seasoned Broccoli
- Apple

Tuesday, March 17

- Cajun Chicken
- Baked Yams
- Cauliflower
- Pear

Wednesday, March 18

- Stuffed Bell Pepper
- Roasted Potatoes
- Roasted Spinach
- Banana

Thursday, March 19

- Turkey Meatloaf
- Vegetable Medley
- Orange
- Bread

Friday, March 20

- Herb Roasted Chicken
- Cole Slaw
- Potato Kugel
- Chicken Vegetable Soup

Monday, March 23

- Beef Patty w/ Gravy
- Roasted Zucchini
- Vegetable Kugel
- Apple

Tuesday, March 24

- Albondigas
- Red Potatoes
- Mixed Green Salad
- Fruit Salad

Wednesday, March 25

- Baked Fish w/ Garlic
- Seasoned Broccoli
- Seasoned Carrots
- Oranges

Thursday, March 26

- Roasted beef w/ Gravy
- Potatoes w/ Chive
- German Stewed Cabbage
- Cantaloupe

Friday, March 27

SEDER MEAL

- Herb Garlic Chicken
- Chicken Matzo Ball Soup
- Carrot Tzimmes
- Farfel Pilaf

Monday, March 30

- Chicken Verde
- Mashed Potatoes
- Calabasa Conffeti
- Mandarin

Tuesday, March 31

CLOSED FOR HOLIDAY

- Menu subject to change
- \$3 suggested donation
- This Senior Nutrition program is funded in whole or in part by Los Angeles County Area Agency on Aging
- Rabbinical Council of California



(Kosher Certification)

