

Monday, February 2

- **Beef Fajitas**
- Corn
- Green Beans
- Tangerine

Tuesday, February 3

- **Chicken Chile Verde**
- Pinto Beans
- Cantaloupe
- Brown Rice

Wednesday, February 4

- **Fish Piccata**
- Sauteed Bell Peppers
- Pineapple & Papaya
- Whole Grain Pasta

Thursday, February 5

- **Beef Steak**
- Garlic Kale
- Honeydew Melon
- Brown Rice

Friday, February 6

- **Poblano Creamy Chicken**
- Green Beans
- Orange
- Whole Grain Pasta

Monday, February 9

- **Chicken Tikka Masala**
- Roasted Eggplant
- Cantaloupe
- Brown Rice

Tuesday, February 10

- **Lemon Glazed Chicken**
- Sweet Potato Mash
- Pineapple & Papaya
- Quinoa

Wednesday, February 11

- **Beef & Broccoli**
- Bok Choy
- Honeydew Mellon
- Brown Rice

Thursday, February 12

- **Chicken Pasta**
- Green Peas
- Tangerine
- Whole Grain Pasta

Friday, February 13

VALENTINES DAY MENU

- **Steak Au Poivre**
- Roasted Potatoes
- Spring Mix Salad
- Strawberries

Monday, February 16

CLOSED FOR PRESIDENTS DAY

Tuesday, February 17

- **Carne Asada**
- Refried Beans
- Kiwi
- Whole Grain Tortilla

Wednesday, February 18

- **Sesame Chicken**
- Parsnips
- Cantaloupe
- Whole Grain Noodles

Thursday, February 19

- **Meatloaf**
- Mashed Potatoes
- Pineapple & Paya
- Whole Grain Dinner Roll

Friday, February 20

- **Chicken Pesto**
- Carrots
- Honeydew Melon
- Wholegrain Pasta

Monday, February 23

- **Pepper Steak**
- Green Bean Mushroom Stir-Fry
- Bok Choy
- Whole Grain Dinner Roll

Tuesday, February 24

- **Chicken Tinga**
- Roasted Corn
- Cantaloupe
- Brown Rice

Wednesday, February 25

- **White Fish**
- Carrots
- Orange
- Quinoa

Thursday, February 26

- **Chicken Enchiladas**
- Black Beans
- Summer Squash
- Kiwi

Friday, February 27

- **Beef w/ Onions & Tomatoes**
- Steamed Greens
- Tangerine
- Brown Rice

- **Menu subject to change**
- **\$3 suggested donation**

