

Monday, February 2

- Beef Fajitas
- Corn
- Green Beans
- Tangerine

Tuesday, February 3

- Chicken Chile Verde
- Pinto Beans
- Cantaloupe
- Brown Rice

Wednesday, February 4

- Fish Piccata
- Sauteed Bell Peppers
- Pineapple & Papaya
- Whole Grain Pasta

Thursday, February 5

- Beef Steak
- Garlic Kale
- Honeydew Melon
- Brown Rice

Friday, February 6

- Poblano Creamy Chicken
- Green Beans
- Orange
- Whole Grain Pasta

Monday, February 9

- Chicken Tikka Masala
- Roasted Eggplant
- Cantaloupe
- Brown Rice

Tuesday, February 10

- Lemon Glazed Chicken
- Sweet Potato Mash
- Pineapple & Papaya
- Quinoa

Wednesday, February 11

- Beef & Broccoli
- Bok Choy
- Honeydew Mellon
- Brown Rice

Thursday, February 12

- Chicken Pasta
- Green Peas
- Tangerine
- Whole Grain Pasta

Friday, February 13

VALENTINES DAY MENU

- Steak Au Poivre
- Roasted Potatoes
- Spring Mix Salad
- Strawberries

Monday, February 16

**CLOSED FOR
PRESIDENTS DAY**

Tuesday, February 17

- Carne Asada
- Refried Beans
- Kiwi
- Whole Grain Tortilla

Wednesday, February 18

- Sesame Chicken
- Parsnips
- Cantaloupe
- Whole Grain Noodles

Thursday, February 19

- Meatloaf
- Mashed Potatoes
- Pineapple & Paya
- Whole Grain Dinner Roll

Friday, February 20

- Chicken Pesto
- Carrots
- Honeydew Melon
- Wholegrain Pasta

Monday, February 23

- Pepper Steak
- Green Bean Mushroom Stir-Fry
- Bok Choy
- Whole Grain Dinner Roll

Tuesday, February 24

- Chicken Tinga
- Roasted Corn
- Cantaloupe
- Brown Rice

Wednesday, February 25

- White Fish
- Carrots
- Orange
- Quinoa

Thursday, February 26

- Chicken Enchiladas
- Black Beans
- Summer Squash
- Kiwi

Friday, February 27

- Beef w/ Onions & Tomatoes
- Steamed Greens
- Tangerine
- Brown Rice

▪ Menu subject to change
▪ \$3 suggested donation

