

### Monday, December 1

- Korean BBQ
- Herb Zucchini
- Broccoli Salad
- Herbed Brown Rice

### Tuesday, December 2

- Fish Vera Cruz
- Black Beans
- Creamy Coleslaw
- Garden Vegetable Soup

### Wednesday, December 3

- Chicken Dijon
- Tomato Basil Soup
- Chopped Kale Salad
- Green Beans

### Thursday, December 4

- Stuffed Bell Pepper
- Romaine Salad
- Barley
- Green Peas

### Friday, December 5

- Vegetarian Paella
- Broccoli
- Spinach Salad
- Brown Rice

### Monday, December 8

- Baked Fish w/ Tartar
- Sweet Potato
- Beets & Mandarin
- Whole Grain Bread

### Tuesday, December 9

- Meatloaf w/ Gravy
- Garlic Mashed Potatoes
- Brussel Sprouts
- Pineapple Mango Fruit Cup

### Wednesday, December 10

- Turkey Stir-Fry
- Cabbage Cucumber Salad
- Vegetable Soup
- Low Mein Noodles

### Thursday, December 11

- Caribbean Chicken
- Red Beans
- Kiwi
- Brown Rice Pilaf

### Friday, December 12

- Pasta Bolognese
- Herbed Potatoes
- Caesar Salad
- Fruit Cup

### Monday, December 15

- Chicken Adobo
- Green Peas
- Marinated Bell Peppers
- Spanish Brown Rice

### Tuesday, December 16

- Tofu Quiche
- Broccoli
- Caesar Salad
- Whole Grain Bread

### Wednesday, December 17

- Shepard's Pie
- Carrots
- Kiwi
- Whole Grain Roll

### Thursday, December 18

- Baked Fish Almandine
- Green Beans
- Spinach Salad
- Barley w/ Herbs

### Friday, December 19

- Arroz con Pollo
- Pinto Beans
- Apple
- Brown Rice

### Monday, December 22

- Savory Beef Stew
- Herbed Brussel Sprouts
- Mashed Potatoes
- Whole Grain Roll

### Tuesday, December 23

- **CHRISTMAS MEAL**
- Roast Turkey w/ Gravy
- Ambrosia Salad
- Sweet Potato
- Apple Pie

### Wednesday, December 24

- Baked Pollack w/ Lemon Sauce
- Yellow Squash
- Broccoli Salad
- Barley Pilaf

### Thursday, December 25

**CLOSED FOR HOLIDAY**

### Friday, December 26

- Enchilada Casserole
- Black Beans
- Mesclun Salad
- Spanish Brown Rice

### Monday, December 29

- Vegetarian Chili
- Broccoli
- Mixed Green Salad
- Fruit Cup

### Tuesday, December 30

- Salmond w/ Dill Sauce
- Green Beans
- Beet Salad
- Split Pea Soup

### Wednesday, December 31

**NEW YEAR'S EVE MEAL**

- Chicken Marsala
- Baked Potato
- Winter Squash
- Mixed Green Salad

- Menu subject to change
- \$3 suggested donation

