

Monday, September 1

**CLOSED FOR
LABOR DAY**

Tuesday, September 2

- **Spaghetti w/ Meat Sauce**
- Green Beans
- Mushroom Soup
- Chopped Kale Salad

Wednesday, September 3

- **Beef Fajita**
- Pinto Beans
- Green Salad
- Tortilla

Thursday, September 4

- **Roast Turkey Breast**
- Baked Sweet Potato
- Herbed Brussel Sprouts
- Whole Grain Bread

Friday, September 5

- **Baked Fish w/ Tartar Sauce**
- Herb Roasted Potatoes
- Creamy Coleslaw
- Corn Chowder

Monday, September 8

- **Korean BBQ**
- Herb Zucchini
- Broccoli Salad
- Herbed Brown Rice

Tuesday, September 9

- **Fish Vera Cruz**
- Garden Vegetable Soup
- Black Beans
- Creamy Coleslaw

Wednesday, September 10

- **Chinese Chicken Salad**
- Egg Drop Salad
- Beet and Orange Salad
- Mixed Kale Salad

Thursday, September 11

- **Stuffed Bell Peppers**
- Green Peas
- Romaine Salad
- Barley

Friday, September 12

- **Vegetarian Paella**
- Broccoli
- Spinach Salad
- Mango

Monday, September 15

- **Breaded Fish w/ Tartar Sauce**
- Sweet Potato
- Beet Mandarin Salad
- Squash Soup

Tuesday, September 16

**MEXICAN
INDEPENDENCE DAY**

- **Beef Tamale**
- Cabbage Salad
- Spanish Brown Rice
- Fresh Fruit

Wednesday, September 17

- **Turkey Veggie Stir-Fry**
- Vegetable Soup
- Lo Mein Noodles
- Ginger Pear

Thursday, September 18

- **Chicken Cobb Salad**
- Vegetable Soup
- Mesclun Salad
- Whole Grain Roll

Friday, September 19

- **Bolognese Pasta**
- Herbed Zucchini & Squash
- Caesar Salad
- Fruit Cup

Monday, September 22

- **Southwest Chicken Bowl**
- Corn Salad
- Whole Grain Roll
- Vegetable Soup

Tuesday, September 23

- **Quiche**
- Italian Wedding Soup
- Caesar Salad
- Broccoli

Wednesday, September 24

- **Shepard's Pie**
- Mixed Green Salad
- Carrots
- Kiwi

Thursday, September 25

- **Baked Fish Almandine**
- Mushroom Soup
- Green Beans w/ Herbs
- Barley

Friday, September 26

- **Arroz con Pollo**
- Pinto Beans
- Shredded Cabbage
- Brown Rice

Monday, September 29

- **Savory Beef Stew**
- Herbed Brussel Sprouts
- Mashed Potatoes
- Fruit

Tuesday, September 30

- **Enchilada Casserole**
- Black Beans
- Mesclun Salad
- Spanish Brown Rice

▪ Menu subject to change
▪ \$3 suggested donation

