

Monday, September 1

**CLOSED FOR
LABOR DAY**

Tuesday, September 2

- **Ginger Tofu Stir-Fry**
- Seasoned Green Beans
- Brown Rice
- Lentil Soup

Wednesday, September 3

- **Garlic Chicken**
- Seasoned Spinach
- Baked Sweet Potato
- Quinoa

Thursday, September 4

- **Beef Bourguignon**
- Garlic Mashed Potatoes
- Yellow Squash & Peas
- Whole Grain Roll

Friday, September 5

- **Lime Grilled Chicken**
- Chicken Rice Soup
- Coleslaw
- Noodle Kugel

Monday, September 8

- **Meatballs w/ Marinara**
- Broccoli
- Green Beans w/ Mushrooms
- Penne Pasta

Tuesday, September 9

- **Chicken Adobo**
- Kale Slaw
- Risi Bisi
- Fruit

Wednesday, September 10

- **Fish Tacos**
- Pinto Beans
- Mexican Brown Rice
- Tortilla

Thursday, September 11

- **Turkey Stuffed Cabbage**
- Zucchini & Carrots
- Cauliflower
- Quinoa

Friday, September 12

- **Oven Fried Chicken**
- Potato Kugel
- Chicken 3-Bean Soup
- Coleslaw

Menu subject to change - \$3 suggested donation

This Senior Nutrition program is funded in whole or in part by Los Angeles County Area Agency on Aging



Rabbinical Council of California (Kosher Certification)

