

Monday, September 1

**CLOSED FOR
LABOR DAY**

Tuesday, September 2

- **Chicken Tinga**
- Roasted Corn
- Cantaloupe
- Brown Rice

Wednesday, September 3

- **White fish**
- Carrots
- Orange
- Quinoa

Thursday, September 4

- **Chicken Enchiladas**
- Black Beans
- Yellow Summer Squash
- Kiwi

Friday, September 5

- **Beef w/ Onions
& Tomatoes**
- Steamed Greens
- Fruit
- Brown Rice

Monday, September 8

- **Orange Chicken**
- Garlic Zucchini
- Carrots
- Brown Rice

Tuesday, September 9

- **Beef Stir-Fry**
- Broccoli
- Orange
- Whole Grain Noodles

Wednesday, September 10

- **Baked Chicken**
- White Beans
- Baked Yams
- Whole Grain Roll

Thursday, September 11

- **Fish Almandine**
- Garlic Fish
- Pineapple & Papaya
- Quinoa

Friday, September 12

- **Harissa Chickpeas**
- Roasted Eggplant
- Honeydew Melon
- Whole Grain Pita

▪ Menu subject to change
▪ \$3 suggested donation

