

Friday, August 1

- Vegetarian Paella
- Broccoli
- Spinach Salad
- Mango

Monday, August 4

- Breaded Fish w/ Tartar Sauce
- Sweet Potato
- Gourd Soup
- Whole Grain Fruit

Tuesday, August 5

- Meatloaf w/ Gravy
- Garlic Mashed Potatoes
- Brussels Sprouts
- Fruit Cup

Wednesday, August 6

- Turkey Stir-Fry
- Cabbage Radish Salad
- Lo Mein Noodles
- Pears

Thursday, August 7

- Chicken Cobb Salad
- Mesclun Salad
- Fresh Fruit
- Whole Grain Roll

Friday, August 8

- Bolognese w/ Penne
- Herbed Zucchini & Squash
- Caesar Salad
- Fruit Cup

Monday, August 11

- Southwest Chicken Bowl
- Shredded Cabbage Salad
- Whole Grain Roll
- Corn Salad

Tuesday, August 12

- Egg Quiche
- Broccoli
- Caesar Salad
- Orange

Wednesday, August 13

- Shepard's Pie
- Carrots
- Mixed Salad
- Kiwi

Thursday, August 14

- Baked Fish Almandine
- Green Beans w/ Herbs
- Barley w/ Herbs
- Spinach Salad w/ Mandarin Oranges

Friday, August 15

- Arroz Con Pollo
- Pinto Beans
- Brown Rice
- Apple

Monday, August 18

- Savory Beef Stew
- Herbed Brussels Sprouts
- Mashed Potatoes
- Fresh Fruit

Tuesday, August 19

- Enchilada Casserole
- Black Beans
- Mesclun Salad
- Spanish Brown Rice

Wednesday, August 20

- Baked Pollack w/ Lemon Sauce
- Yellow Squash
- Broccoli Salad
- Barle Pilaf

Thursday, August 21

- BBQ Chicken
- Tri Color Coleslaw
- Macaroni w/ Cheese
- Whole Grain Roll

Friday, August 22

- Turkey Caprese Salad
- Spinach Salad
- Whole Grain Pita
- Tomato Basil Soup

Monday, August 25

- Vegetarian Chili
- Broccoli
- Mixed Green Salad
- Fruit Cup

Tuesday, August 26

- Hawaiian Chicken Breast
- Mesclun Salad
- Brown Rice
- Fruit

Wednesday, August 27

- Turkey Milanese
- Zucchini
- Chopped Kale Salad
- Banana

Thursday, August 28

- Salmon w/ Dill Sauce
- Beet Salad
- Green Beans
- Split Pea Soup

Friday, August 29

LABOR DAY MENU

- Cheeseburger
- Broccoli Salad
- Tossed Green Salad
- Macaroni Salad

- Menu subject to change
- \$3 suggested donation

