

Tuesday, July 1

- Egg Quiche
- Caesar Salad
- Italian Wedding Soup
- Whole Grain Roll

Wednesday, July 2

- Shepard's Pie
- Mixed Green Salad
- Carrots
- Fruit

Thursday, July 3

- BBQ Chicken
- Tri Color Coleslaw
- Baked Beans
- Peach Pie

Friday, July 4

CLOSED FOR HOLIDAY

Monday, July 7

- Savory Beef Stew
- Herbed Brussel Sprouts
- Mashed Potatoes
- Whole Grain Roll

Tuesday, July 8

- Enchilada Casserole
- Black Beans
- Mesclun Salad
- Spanish Brown Rice

Wednesday, July 9

- Baked Pollack w/ Lemon
- Yellow Squash
- Broccoli Salad
- Lentil Soup

Thursday, July 10

- BBQ Chicken
- Tri Color Coleslaw
- Macaroni w/ Cheese
- Pears

Friday, July 11

- Turkey Caprese Bowl
- Spinach Salad
- Pita Bread
- Tomato Basil Soup

Monday, July 14

- Vegetarian Chili
- Broccoli
- Mixed Green Salad
- Fruit Cup

Tuesday, July 15

- Hawaiian Chicken
- Mesclun Salad
- Brown Rice
- Fruit

Wednesday, July 16

- Turkey Milanese
- Zucchini
- Chopped Salad
- Whole Grain Linguine Pasta

Thursday, July 17

- Salmon w/ Dill Sauce
- Split Pea Soup
- Beet Salad
- Green Beans

Friday, July 18

- Asian Beef Stir Fry
- Mixed Asian Vegetables
- Carrot Raisin Salad
- Hot & Sour Soup

Monday, July 21

- Mediterranean Chicken
- Sauté Spinach
- Tomato & Cucumber Salad
- Herbed Barley

Tuesday, July 22

- Spaghetti w/ Meat Sauce
- Mushroom Soup
- Chopped Kale Salad
- Green Beans

Wednesday, July 23

- Beef Fajitas
- Pinto Beans
- Tossed Cilantro Salad
- Tortilla

Thursday, July 24

- Roast Turkey Breast
- Baked Sweet Potato
- Herbed Brussel Sprouts
- Fruit Cup

Friday, July 25

- Tuna Salad
- Herbed Potato Salad
- Creamy Coleslaw
- Corn Chowder

Monday, July 28

- Korean BBQ
- Herb Zucchini
- Broccoli Salad
- Pineapple

Tuesday, July 29

- Fish Vera Cruz
- Black Beans
- Banan
- Garden Veggie Soup

Wednesday, July 30

- Chinese Chicken Salad
- Egg Drop Soup
- Beet & Orange Salad
- Fresh Fruit

Thursday, July 31

- Stuffed Bell Peppers
- Romaine Salad
- Green Peas
- Orange

• Menu subject to change
• \$3 suggested donation

