JEWISH FAMILY SERVICE LA

PLUMMER PARK MENU Monday - Friday 11:00am-12:00pm

Monday, June 2 CLOSED FOR HOLIDAY

Tuesday, June 3rd CLOSED FOR HOLIDAY

Wednesday, June 4

- Curried Fish w/ Mango
- Green Beans w/Mushrooms
- Banana Squash
- Quinoa

Thursday, June 5

- Beef Patty
- Kale Slaw
- Sweet Potato
- Pears

Friday, June 6

- BBQ Chicken
- Chicken Rice Soup
- Potato Kugel
- Coleslaw

Monday, June 9

- Garlic Fish
- Collard Greens
- Roasted Cauliflower
- Rice Pilaf

Tuesday, June 10

- Turkey Chili
- Baked Potato
- Seasoned Carrots
- Cantaloupe

Wednesday, June 11

- Steak Fajitas
- Mushroom Soup
- Mixed Green Salad
- Brown Rice

Thursday, June 12

- Turkey Chunk Salad
- Kale Slaw
- Cucumber Salad
- Fruit

Friday, June 13

- Orange Glazed Chicken
- Coleslaw
- Chicken Lima Soup
- Noodle Kugel

Monday, June 16

- Teriyaki Chicken
- Seasoned Broccoli
- Barley
- Tangerine

Tuesday, June 17

- Swedish Meatballs
- Cucumber Dill Salad
- Roasted Carrots & Beets
- Whole Grain Noodles

Wednesday, June 18

- Black Bean Patty
- Seasoned Cauliflower
- Green Beans
- Kasha

Thursday, June 19 CLOSED FOR HOLIDAY

Friday, June 20

- Khoresht Garach
 Chicken W/ Mushrooms
- Potato Kugel
- Coleslaw

Chicken Soup Monday, June 23

Salmon Patty

- Roasted Cauliflower
- Kasha
- Collard Greens

Tuesday, June 24

- Ginger Tofu Stir Fry
- Seasoned Green Beans
- Lentil Soup
- Quinoa

Wednesday, June 25

- Egg Salad
- Israeli Salad
- Potato Salad
- Fruit

Thursday, June 26

- Beef Bourguignon
- Garlic Mashed Potatoes
- Squash & Peas
- Whole Grain Roll

Friday, June 27

- Lime Grilled Chicken
- Chicken Rice Soup
- Coleslaw
- Noodle Kugel

Monday, June 30

- Chicken Adobo
- Green Beans
 w/ Mushrooms
- Carrots
- Risi Bisi

- Menu subject to change
- \$3 suggested donation
- This Senior Nutrition program is funded in whole or in part by Los Angeles County Area Agency on Aging
- Rabbinical Council of California (Kosher Certification)



