# **JEWISH FAMILY SERVICE LA**

# PLUMMER PARK MENU

# Monday - Friday 11:00am-12:00pm

#### Tuesday, April 1

- · Cajun Chicken
- Baked Yams
- Green Salad
- Pear

#### Wednesday, April 2

- Stuffed Bell Pepper
- Mashed potatoes
- Roasted Garlic Spinach
- Banana

#### Thursday, April 3

- Turkey Meatloaf
- Vegetable medley
- Cinnamon Butternut Squash
- Orange

## Friday, April 4

- Herb Roasted Chicken
- Coleslaw
- Potato Kugel
- Chicken Vegetable Soup

#### Monday, April 7

- Beef Patty / Gravy
- Roasted Zucchini
- Vegetable Kugel
- Spiced Applesauce

#### Tuesday, April 8

- Albondigas
- Red potato w/ Rosemary
- Mixed Green Salad
- Fruit salad

#### Wednesday, April 9

- · Baked Fish w/ Garlic
- Seasoned Broccoli
- Seasoned Carrots
- Orange

# Thursday, April 10

- Roast Beef w/ Gravy
- Potatoes w/ Chives
- German Stewed Cabbage
- Cantaloupe

# Friday, April 11 PASSOVER MEAL

- Herb Garlic Chicken
- Chicken Matzo Ball Soup
- Carrot Tzimmes
- Farfel Pilaf

# Monday, April 14

# CLOSED FOR PASSOVER

#### Tuesday, April 15

- Baked Fish w/ Garlic
- Vegetable Kugel
- Butternut Squash
- Orange

## Wednesday, April 16

- Stuffed Cabbage
- Roasted Cauliflower
- Zucchini Squash
- Cantaloupe

#### Thursday, April 17

- Roasted Turkey
- Broccoli
- Baked Yams
- Orange Juice

#### Friday, April 18

- Herb Roasted Chicken
- Potato kugel
- Citrus Slaw
- Cake

## Monday, April 21

- · Hungarian Goulash
- Corn
- Carrots
- Kasha

## Tuesday, April 22

- Chicken Stroganoff
- Lentil Soup
- Spinach & Orange Salad
- Banana

# Wednesday, April 23

- Curried Fish w/ Mango
- Green beans w/ Mushrooms
- Banana Squash
- Ouinoa

# Thursday, April 24

- Beef Hamburger
- Kale Slaw
- Sweet potato
- Pears

#### Friday, April 25

- BBQ Chicken
- Potato Kugel
- Coleslaw
- Fresh Fruit

#### Monday, April 28

- Garlic Fish
- Collard Greens
- Roasted Cauliflower
- Rice Pilaf

## Tuesday, April 29

- Turkey Chili
- Baked Potato
- Seasoned Carrots
- Whole Grain Roll

#### Wednesday, April 30

- Steak Fajitas
- Mushroom Soup
- Mixed Green Salad
- Brown Rice
- Menu subject to change
- \$3 suggested donation
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- Rabbinical Council
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