

Wednesday, May 1

- Fish w/ Mango Salsa
- Vegetable Kugel
- Carrots
- Mixed Fruit

Thursday, May 2

- Turkey Stuffed Pepper
- Mashed Potatoes
- Vegetables Normandy
- Canteloupe

Friday, May 3

- Chicken w/ Mushrooms
- Baked Squash
- Coleslaw
- Apple Cake

Monday, May 6

- Beef Picadillo
- Roasted Carrots
- Pinto Beans
- Corn Tortilla

Tuesday, May 7

- Garlic Fish
- Zucchini
- Kale Slaw
- Barley

Wednesday, May 8

- Turkey Stuffed Cabbage
- Seasoned Cauliflower
- Tomato & Bell Pepper Salad
- Kasha

Thursday, May 9

- Tuna Noodle Casserole
- Seasoned Spinach
- Seasoned Beets
- Fresh Fruit

Friday, May 10

- Chicken w/ Mushroom Sauce
- Coleslaw
- Quinoa
- Chocolate Marble Cake

Monday, May 13

- Turkey Chunks
- Corn
- Seasoned Spinach
- Kasha

Tuesday, May 14

- Sesame Chicken
- Asian Noodles
- Cucumber Salad
- Cantaloupe

Wednesday, May 15

- Fish Veracruz
- Butternut Squash
- Caesar Salad
- Brown Rice

Thursday, May 16

- Beef Patty w/ Gravy
- Baked Potato
- Tomato & Bell Pepper Salad
- Seasoned Broccoli

Friday, May 17

- Garlic Chicken
- Coleslaw
- Noodle Kugel
- Mango Cake

Monday, May 20

- Beef & Broccoli
- Roasted Carrots
- Orange
- Brown Rice w/ Vegetables

Tuesday, May 21

- Stuffed Pepper
- Collard Greens
- Mixed Green Salad
- Kasha

Wednesday, May 22

- Chicken Cacciatore
- Zucchini Celery Sauté
- Spinach Mandarin Salad
- Penne Pasta

Thursday, May 23

CLOSED

Friday, May 24

- Oven Fried Chicken
- Coleslaw
- Corn
- Chocolate Cake

Monday, May 27

CLOSED

Tuesday, May 28

- White Fish w/ Cilantro Sauce
- Butternut Squash
- Kale Slaw
- Brown Rice

Wednesday, May 29

- Tuscan Bean Stew
- Mixed Green Salad
- Roasted Red Potatoes
- Kasha

Thursday, May 30

- Salmon Patty w/ Caper Sauce
- Seasoned Green Beans
- Carrot Raisin Salad
- Barley

Friday, May 31

- Braised Chicken w/ Herbs & Shallots
- Coleslaw
- Noodle Kugel
- Papaya Cake

- Menu subject to change
- \$3 suggested donation
- This Senior Nutrition program is funded in whole or in part by Los Angeles County Area Agency on Aging
- Rabbinical Council of California



(Kosher Certification)

