JEWISH FAMILY SERVICE LA

PALM APARTMENTS MENU

Monday - Friday 1:00pm-2:00pm

Monday, April 1

- Hungarian Goulash
- Kasha
- Seasoned Spinach
- Unsweetened Peaches

Tuesday, April 2

- Sesame Chicken
- Asian Noodles
- Asian Vegetables
- Cantaloupe

Wednesday, April 3

- Fish Veracruz
- Brown Rice
- Butternut Squash
- Orange

Thursday, April 4

- Beef Patty w/Gravy
- Baked Potato
- Tomato & Bell Pepper Salad
- Banana

Friday, April 5

- Garlic Chicken
- Noodle Kugel
- Seasoned Green Beans
- Mango Cake

Monday, April 8

- Lemon Pepper Baked Fish
- Roasted Potato
- Seasoned Broccoli
- Mixed Fruit

Tuesday, April 9

- Cajun Chicken
- Baked Yams
- Green Salad
- Canned Pears

Wednesday, April 10

- Stuffed Bell Pepper
- Mashed Potatoes
- Roasted Garlic Spinach
- Banana

Thursday, April 11

- Turkey Meatloaf
- Vegetable Medley
- Butternut Squash
- Orange

Friday, April 12

- Herb Roasted Chicken
- Potato Kugel
- Passover Cake
- Pears in a cup

Monday, April 15

- Beef Patty
- Roasted Zucchini
- Vegetable Kugel
- Apple

Tuesday, April 16

- Albondigas
- Red Potatoes
- Mixed Greens
- Fruit Salad

Wednesday, April 17

- Baked Fish w/Garlic
- Seasoned Broccoli
- Seasoned Carrots
- Fresh Orange

Thursday, April 18

- Roast Beef
- Potatoes w/Chives
- German Stewed Cabbage
- Cantaloupe

Friday, April 19

- Roasted Chicken
- Seder Plate
- Carrots Tzimmes
- Orange

Monday, April 22

- Turkey Meatloaf
- Mashed Potato
- Spinach
- Canned Pears

Tuesday, April 23

CLOSED for Passover

Wednesday, April 24

CLOSED for Passover

Thursday, April 25

- Roasted Turkey
- Broccoli
- Baked Yams
- Applesauce

Friday, April 26

- Herb Roasted Chicken
- Potato Kugel
- Citrus Slaw
- Passover Sponge Cake

Monday, April 29

CLOSED for Passover

Tuesday, April 30

CLOSED for Passover

Please Note:

During the Passover Holiday Matzo will be served instead of bread.

- Menu subject to change
- \$3 suggested donation
- This Senior Nutrition program is funded in whole or in part by Los Angeles County Area Agency on Aging
- Rabbinical Council
 of California

 (Vecher Cortification)



