# **JEWISH FAMILY SERVICE LA**

## **BAR CENTER MENU**

## Monday - Friday 12:00pm-1:00pm

#### Monday, April 1

- Hungarian Goulash
- Kasha
- Seasoned Spinach
- Unsweetened Peaches

#### Tuesday, April 2

- Sesame Chicken
- Asian Noodles
- Asian Vegetables
- Cantaloupe

## Wednesday, April 3

- Fish Veracruz
- Brown Rice
- Butternut Squash
- Orange

## Thursday, April 4

- Beef Patty w/Gravy
- Baked Potato
- Tomato & Bell Pepper Salad
- Banana

#### Friday, April 5

- Garlic Chicken
- Noodle Kugel
- Seasoned Green Beans
- Mango Cake

#### Monday, April 8

- Lemon Pepper Baked Fish
- Roasted Potato
- Seasoned Broccoli
- Mixed Fruit

#### Tuesday, April 9

- Cajun Chicken
- Baked Yams
- Green Salad
- Canned Pears

#### Wednesday, April 10

- Stuffed Bell Pepper
- Mashed Potatoes
- Roasted Garlic Spinach
- Banana

#### Thursday, April 11

- Turkey Meatloaf
- Vegetable Medley
- Butternut Squash
- Orange

#### Friday, April 12

- Herb Roasted Chicken
- Potato Kugel
- Passover Cake
- Pears in a cup

#### Monday, April 15

- Beef Patty
- Roasted Zucchini
- Vegetable Kugel
- Apple

#### Tuesday, April 16

- Albondigas
- Red Potatoes
- Mixed Greens
- Fruit Salad

#### Wednesday, April 17

- Baked Fish w/Garlic
- Seasoned Broccoli
- Seasoned Carrots
- Fresh Orange

#### Thursday, April 18

- Roast Beef
- Potatoes w/Chives
- German Stewed Cabbage
- Cantaloupe

## Friday, April 19

- Roasted Chicken
- Seder Plate
- Carrots Tzimmes
- Orange

#### Monday, April 22

- Turkey Meatloaf
- Mashed Potato
- Spinach
- Canned Pears

### Tuesday, April 23

**CLOSED for Passover** 

#### Wednesday, April 24

**CLOSED for Passover** 

#### Thursday, April 25

- Roasted Turkey
- Broccoli
- Baked Yams
- Applesauce

#### Friday, April 26

- Herb Roasted Chicken
- Potato Kugel
- Citrus Slaw
- Passover Sponge Cake

#### Monday, April 29

**CLOSED for Passover** 

#### Tuesday, April 30

**CLOSED for Passover** 

### Please Note:

During the Passover Holiday Matzo will be served instead of bread.

- Menu subject to change
- \$3 suggested donation
- This Senior Nutrition program is funded in whole or in part by Los Angeles County Area Agency on Aging
- Rabbinical Council of California (Kosher Certification)

