

### Friday, March 1

- Fish & Chips
- Roasted Sweet Potatoes
- Coleslaw
- Fresh Fruit

### Monday, March 4

- Turkey or Tofu Stir Fry
- Brown Rice
- Assorted Stir Fry Veggies
- Poached Pear

### Tuesday, March 5

- Meat Loaf
- Penne Pasta
- Mashed Potatoes
- Cantaloupe

### Wednesday, March 6

- Caribbean Chicken
- Brown Rice Pilaf
- Broccoli
- Fruit in Season

### Thursday, March 7

- Fish Taco
- Pinto Beans
- Corn
- Fresh Fruit

### Friday, March 8

- Beef Bolognese
- Penne Pasta
- Caesar Salad
- Fruit Cup

### Monday, March 11

- Southwest Shredded Chicken
- Pinto Beans
- Spinach w/Kale Salad
- Fresh Peaches

### Tuesday, March 12

- Shepherd's Pie w/Mashed
- Potatoes
- Carrots
- Corn
- Kiwi

### Wednesday, March 13

- Baked Fish Almandine
- Barley
- Green Beans
- Fresh Fruit

### Thursday, March 14

- Chicken Adobo
- Brown Rice
- Green Peas
- Pineapple & Mango Fruit Cup

### Friday, March 15

- Garden Vegetable Lasagna
- Broccoli
- Caesar Salad
- Cantaloupe or Orange

### Monday, March 18

- Baked Fish
- Mixed Vegetable Blend
- Brown Rice
- Cinnamon Applesauce

### Tuesday, March 19

- Cashew Chicken
- Lo Mein Noodles
- Green Peas
- Fresh Fruit

### Wednesday, March 20

- Enchilada Casserole
- Pinto Beans
- Zucchini
- Mango & Pineapple Cup

### Thursday, March 21

- Hungarian Goulash
- Elbow Macaroni
- Brussels Sprouts
- Fresh Orange

### Friday, March 22

- Hot Turkey Sandwich
- Mashed Potatoes
- Spinach Salad
- Orange Juice

### Monday, March 25

**CLOSED**

### Tuesday, March 26

- Salmon w/Dill Sauce
- Sweet Potato
- Coleslaw
- Cinnamon Applesauce

### Wednesday, March 27

- Asian Beef Stir Fry
- Brown Rice
- Mixed Asian Veggies
- Fresh Fruit

### Thursday, March 28

- Vegetarian Chili & Barley
- Green Beans
- Corn Bread
- Banana

### Friday, March 29

- Chicken Milanese
- Cauliflower & Zucchini
- Caesar Salad
- Seasonal Fruit

- Menu subject to change
- \$3 suggested donation

