

JFS ISRAEL LEVIN CENTER ACTIVITY HIGHLIGHTS, EVENTS AND CALENDAR

201 Ocean Front Walk, Venice, CA 90291

January 2017

For more information please contact Sherri Kadovitz
Program Coordinator @ 310.396.0205 • skadovitz@jfsla.org



A family
of services.
A family
that serves.



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p>  <p>NEW YEAR'S HOLIDAY</p>	<p>3</p> <p>9:00-10:15 am Sign up for lunch 11:45 am-12:30 pm Lunch 10:30 am-11:15 pm Tai Chi & Massage with Rosemary 12:30-1:30 pm Strength Training with Danny</p> 	<p>4</p> <p>9:00-10:15 am Sign up for lunch 11:45 am-12:30 pm Lunch 12:15-1:30 pm Emeritus College Mind Body & Brain Class 1:30-3:00 pm Mish - Maj Wednesdays Chess - Maj - Scrabble</p> 	<p>5</p> <p>9:00-10:15 am Sign up for lunch 10:30-11:15 am Tai Chi and Massage with Rosemary 11:45 am-12:30 pm Lunch 12:30-1:15 pm Pilates with Phyllis NEW CLASS 1:30 pm Movie Matinee</p> 	<p>6 Shabbat</p> <p>9:00-10:15 am Sign up for lunch 10:00-11:00 am Senior Fitness with Shifra 11:15-11:45 am Shabbat Service 11:45 am-12:30 pm Lunch Lunch & Learn Managing our Stress</p> 
<p>9</p> <p>9:00-10:15 am Sign up for lunch 9:00-11:00 am Emeritus College Art Drawing Class 11:45 am-12:30 pm Lunch 12:15-1:30 pm Emeritus College Mind Body & Brain Class</p> 	<p>10</p> <p>9:00-10:15 am Sign up for lunch 11:45 am-12:30 pm Lunch 10:30 am-11:15 pm Tai Chi & Massage with Rosemary 12:30-1:30 pm Strength Training with Danny</p> 	<p>11</p> <p>9:00-10:15 am Sign up for lunch 11:45 am-12:30 pm Lunch 12:15-1:30 pm Emeritus College Mind Body & Brain Class 1:30-3:00 pm Mish - Maj Wednesdays Chess - Maj - Scrabble</p> 	<p>12</p> <p>9:00-10:15 am Sign up for lunch 10:30-11:15 am Tai Chi and Massage with Rosemary 11:45 am-12:30 pm Lunch 12:30-1:15 pm Pilates with Phyllis NEW CLASS 1:30 pm Movie Matinee</p> 	<p>13 Shabbat</p> <p>9:00-10:15 am Sign up for lunch 9:30-10:15 am Senior Fitness with Shifra 11:15-11:45 am Shabbat Service 11:45 am-12:30 pm Lunch 1:00 pm Art & Design with Amy Belknap</p> 
<p>16</p>  <p>MARTIN LUTHER KING JR. HOLIDAY</p>	<p>17</p> <p>9:00-10:15 am Sign up for lunch 11:45 am-12:30 pm Lunch 10:30 am-11:15 pm Tai Chi & Massage with Rosemary 12:30-1:30 pm Strength Training with Danny</p> 	<p>18</p> <p>9:00-10:15 am Sign up for lunch 11:45 am-12:30 pm Lunch 12:15-1:30 pm Emeritus College Mind Body & Brain Class 1:30-3:00 pm Mish - Maj Wednesdays Chess - Maj - Scrabble 1:30 pm Studio Art with Krista</p> 	<p>19</p> <p>9:00-10:15 am Sign up for lunch 10:30-11:15 am Tai Chi and Massage with Rosemary 11:45 am-12:30 pm Lunch 12:30-1:15 pm Pilates with Phyllis NEW CLASS 1:30 pm Movie Matinee</p> 	<p>20 Shabbat</p> <p>9:00-10:15 am Sign up for lunch 10:00-11:00 am Senior Fitness with Shifra 11:15-11:45 am Shabbat Service 11:45 am-12:30 pm Lunch 12:15 pm Klezmer on the Boardwalk with Gustavo</p> 
<p>23</p> <p>9:00-10:15 am Sign up for lunch 9:00-11:00 am Emeritus College Art Drawing Class 11:45 am-12:30 pm Lunch 12:15-1:30 pm Emeritus College Mind Body & Brain Class</p> 	<p>24</p> <p>9:00-10:15 am Sign up for lunch 11:45 am-12:30 pm Lunch 10:30 am-11:15 pm Tai Chi & Massage with Rosemary 12:30-1:30 pm Strength Training with Danny</p> 	<p>25</p> <p>9:00-10:15 am Sign up for lunch 11:45 am-12:30 pm Lunch 12:15-1:30 pm Emeritus College Mind Body & Brain Class 1:30-3:00 pm Mish - Maj Wednesdays Chess - Maj - Scrabble</p> 	<p>26</p> <p>9:00-10:15 am Sign up for lunch 10:30-11:15 am Tai Chi and Massage with Rosemary 11:45 am-12:30 pm Lunch 12:30-1:15 pm Pilates with Phyllis NEW CLASS 1:30 pm Movie Matinee</p> 	<p>27 Shabbat</p> <p>9:00-10:15 am Sign up for lunch 10:00-11:00 am Senior Fitness with Shifra 11:15-11:45 am Shabbat Service 11:45 am-12:30 pm Lunch 12:15 pm Music with Yvette 1:00 pm Art & Design with Amy Belknap Birthday Shabbat</p> 
<p>30</p> <p>9:00-10:15 am Sign up for lunch 9:00-11:00 am Emeritus College Art Drawing Class 11:45 am-12:30 pm Lunch 12:15-1:30 pm Emeritus College Mind Body & Brain Class</p> 	<p>31</p> <p>9:00-10:15 am Sign up for lunch 11:45 am-12:30 pm Lunch 10:30 am-11:15 pm Tai Chi & Massage with Rosemary 12:30-1:30 pm Strength Training with Danny</p> 			<p>Emeritus College Classes at ILC begin Wednesday, January 4th. See Sherri for more information & registration.</p> <p>JFS SOCIAL WORKER MARYLU MOLINA IS AVAILABLE EVERY WEDNESDAY FROM 11:00 a.m. - 1:00 p.m.</p>